



SAYBROOK GARDEN CLUB

GARDEN CONNECTIONS NEWSLETTER

NEW SCHOOL YEAR - NEW GARDEN CLUB YEAR! IT'S TIME TO RENEW YOUR SAYBROOK GARDEN CLUB MEMBERSHIP

DEAR NEIGHBORS AND FELLOW GARDEN CLUB MEMBERS,

Thank you all for coming to Saybrook Garden Club's Annual Salad Supper. We had a great membership sign-up and the salads were wonderful and delicious - THANK YOU!!

What a great neighborhood and how pretty it looks right now with beautiful fall colors. Halloween was extra special this year with no rain and the temperatures in the pleasant 60's. I actually enjoyed following my candy hunting son this year and loved seeing a lot gardens still in bloom.

Have you noticed how beautiful our entrances at 12th and 14th Avenue look this fall? Thanks to Phyllis Rotter's hard work we can all enjoy gorgeous fall plantings. It's made possible by donations to the Saybrook Beautification Fund - so be sure to drop off your contribution to Phyllis Rotter.

The garden club has already been very busy and I would especially like to thank Maura Hoff. She's a force to be reckoned with and we're so lucky to have her. This season alone she has run the Ice-cream Social, Hayride and helped Tricia Hutton with the book sale. She has also helped the Saybrook Cares Leadership group along with Anna Mulrooney to arrange Saybrook Cares' 1st neighborhood race. To top off her list, she arranged for Saybrook kids to trick or treat at The Monarch Landing Nursing Home. There's no stopping Maura - THANK YOU!!!

Christmas Tea is an absolute favorite for most of our members and we hope that you can join us again this year on December 2nd - remember this is a members only event. We have other events coming up like a Girls Night Out at War Chest on November 9th, Coffee Klatsch and the adult social/fundraiser. Save this newsletter and like us on Facebook or check our website www.saybrookgardenclub.com for the latest updates.

Take care and enjoy the last days of warm sun!

Henriette Pentz
President - saybrookgardenclub@gmail.com

Help Keep Saybrook Beautiful

PAY YOUR ANNUAL BEAUTIFICATION DUES

Our annual beautification appeal, which is in lieu of mandatory association fees, is Saybrook's main funding for entrance and island maintenance. Every penny of your voluntary contribution goes toward maintaining our common areas, which not only make our neighborhood attractive and inviting but add to our property values as well. We can only continue to do this work through your help. Please drop off your completed postcard, which was distributed a few weeks ago, along with your contribution, to Phyllis Rotter at 113 E. 12th.

Coffee Klatsch



Join us at our Coffee Klatsch at the Pentz house every second Wednesday of the month 9:30 - 11am. The next one is November 9th. You don't need to be a member to attend and you are welcome to **BRING** along a neighbor. The Pentz's are located at 417 14th Avenue.

Saybrook Directory Ads

NOW ACCEPTING SPONSORSHIPS

An updated neighborhood directory is in the works for 2017. If you would like to take out an ad, please contact Dawn Roche for pricing and details. Note that priority will be given to the current advertisers in our directory, and that we will keep a cap on the number of ads in the interest of streamlining our directory. Questions? Dawn Roche rockaroch@ameritech.net

GIRLS NIGHT OUT
NOVEMBER 9TH
6:30-8:30PM
WAR CHEST BOUTIQUE
4 E. JEFFERSON

Join us for a philanthropic evening at War Chest Boutique in downtown Naperville. At War Chest, all the goods are handmade by women at risk throughout the US and around the world. They will be staying open past hours just for us, so stop in for some wine & cheese, and get acquainted with this unique boutique! It's truly shopping with a purpose.

SAYBROOK CARES OFF TO A GREAT START NEIGHBORHOOD TEENS GIVE BACK TO THE COMMUNITY

Saybrook Cares' inaugural event was a great success! The teen group planned a run within our neighborhood to raise money for the Lurie Pediatric Cardiac unit. The race was fantastic! Over 70 people including kids made it out for the 5K. The smaller kids had fun with their own "dash" around one of the blocks in Saybrook. It was an exciting morning and pictures of the event can be viewed on the Saybrook Cares' Facebook page. The teen board really hopes to host this event again next year and to see more neighbors cheering outside of their homes. Thank you to everyone who attended the event! It was a great start to this new and awesome group!

Mike Isaac, a neighbor to Saybrook who is running for city council, has made a generous donation to help Saybrook Cares with their projects. We can't thank him enough! The Garden Club has also given Saybrook Cares a budget to help with portions of future events. If you or your company would like to sponsor Saybrook Cares, please contact Maura Hoff at maurahoff@hotmail.com.

Our Upcoming Projects:

Blanket Tying

On November 12 from 3:30-5:00 pm Saybrook Cares will host an all-ages blanket tying event at the Beebe gym. The blankets are for the pediatric wing of Edwards Hospital and homeless shelters in our area. Children 5 and older may be dropped off at this event. Younger children are welcome but we ask that a parent accompany them. Please consider a donation of \$5 or more for the supplies for this event.

Meet the Neighbors

The Saybrook Cares teens will be coming to meet neighbors in the Saybrook community. If a teen comes to your door to introduce themselves, please try to make them feel welcome (they may be nervous). The teens hope to strengthen connections within our community by offering services such as raking leaves or helping around the house.

Parents Night Out

Save the date! Saybrook Cares hopes to sponsor a parents night out on Saturday, December 10th. More details to come.

MARK YOUR CALENDAR

COFFEE KLATSCH

November 9, 2016

BLANKET TYING

November 12

GIRLS NIGHT OUT

November 9, 2016

CHRISTMAS TEA

December 2, 2016

PARENTS NIGHT OUT

December 10, 2016

**FOLLOW US ON FACEBOOK
FOR MORE INFO AND EVENTS!**

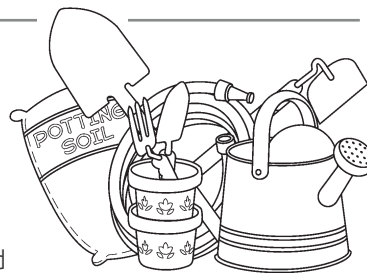
GOLDEN CURB APPEAL

Congratulations to Carolyn & Bryan Emrich at 220 E. 14th Ave. for their lovely renovation, landscaping, and fall display. Stop by and take a look!

Gardener's Corner

Fall is the time to prepare plants for the growing seasons ahead!

- Prepare for a new flower bed. Turn soil and amend if necessary.
- Rake fallen leaves and compost or shred with lawn mower and place around landscape plants. Discard diseased leaves, twigs, and fruits.
- Plant hardy, spring-flowering bulbs outside until the ground freezes.
- Water landscape plants deeply, especially evergreens, before the ground freezes.
- Cut back foliage of perennials to the ground after a few hard freezes. Leave unusual seed heads and ornamental grasses for winter interest.
- Apply winter mulch to perennials and roses after a hard frost and as ground begins to freeze.



WELCOME NEW NEIGHBORS

Mary Ellen & Michael Going
Gigi and Oliver
120 E. Bauer Road

Katrina & Patrick Walsh
1316 N. Loomis Street

Kim & Jeff Pasteris
Sam, Zach, Matt
512 Bayberry Lane

Christina & Todd Papa
Sadie, Danny, Retta
112 Barley Ave

Kia & Andy Cvengros
Grayson
109 E. 14th Avenue

Danielle & Eric Borelli
Madison, Lila
512 Bauer Road

WWW.SAYBROOKGARDENCLUB.COM
AND FOLLOW US ON FACEBOOK FOR MORE UPDATES!

CONGRATULATIONS TO THE 2016 SALAD SUPPER WINNERS

MAKE AND ENJOY THE WINNING RECIPES AT HOME

Crunchy Curry Chicken Salad

Suzanne Troy

- ½ cup whole cashews
- ½ cup sweetened flaked coconut
- 1 tbsp curry powder
- 2 tbsp mango chutney
- ½ cup plain yogurt
- 3 cooked boneless skinless chicken breast
- 2-3 green onions
- 1 large granny smith apple
- 4 cups baby greens

Saute cashews, coconut and curry powder in a saucepan for a few minutes to release the flavors.

Prepare dressing: Combine chutney, curry powder and yogurt.

Dice chicken, slice onion and apples. Add dressing. Arrange mixture on top of greens place on serving plates. Sprinkle cashews and coconuts on top.

Autumn Harvest Butternut Squash Salad

Kristin Whitaker

- | | |
|---|--------------------------------------|
| Salad | Dressing - Mix until combined |
| 1 bag of spinach or mixed greens | 3 tablespoons orange juice |
| 1 butternut squash cut into cubes | 1 tablespoon dijon mustard |
| 2 tablespoons olive oil | 3 tablespoons honey |
| 4 - 5 strips of bacon | 1/4 teaspoon of garlic powder |
| 1/2 cup dried cranberries | 2 tablespoons of apple cider vinegar |
| 1 - 1 1/2 Cup dry Israeli or pearl Couscous | 1/3 cup olive oil |
| 1/4 cup red onions | salt and pepper |
| 1/3 cup candied pecans or walnuts | |

Preheat oven to 425 degrees. Toss diced butternut squash in olive oil then spread it out in an even layer on a baking sheet. Sprinkle with salt and pepper. Roast squash for 20-25 min tossing at least once or twice while cooking. Let cool slightly.

While the squash is cooking, prepare the Israeli couscous as directed.

Saute bacon until crispy and crush into small bites.

In a large bowl, combine greens, cranberries, onions, candied nuts, squash, bacon, and couscous. Add small amounts of salad dressing at a time and toss.

Very Berry Cheesecake Salad

Tracy Boddy

- 1 - 8 ounce cream cheese, softened
- ½ cup sugar
- 8 ounces cool whip, thawed
- 6 cups berries total – any mix you like

1. In a large bowl, beat together cream cheese and sugar until smooth and creamy. Fold in the thawed cool whip.
2. Add berries. Fold carefully into the cream cheese mixture. Serve immediately.



SEPTEMBER 2016- AUGUST 2017 SAYBROOK GARDEN CLUB MEMBERSHIP

RETURN PAYMENT AND FORM TO 417 BLUEGRASS COURT

NAME: _____

EMAIL 1: _____ EMAIL 2: _____

ADDRESS: _____ PHONE: _____

MEMBERSHIP OPTIONS:

MEMBERSHIPS ARE VALID FROM SEPT 2016 - AUG 2017
CHECKS PAYABLE TO SAYBROOK GARDEN CLUB

- \$25 STANDARD MEMBERSHIP RATE
- \$15 SENIOR RATE (65 AND BETTER)

HOW CAN YOU HELP?
BEING A MEMBER MEANS
BEING ACTIVE, OUR CLUB
DEPENDS ON IT SO SIGN
UP NOW!

- | | | |
|---------------------------------------|--|---------------------------------------|
| <input type="checkbox"/> TGIF | <input type="checkbox"/> CHRISTMAS TEA | <input type="checkbox"/> BEEBE GARDEN |
| <input type="checkbox"/> SALAD SUPPER | <input type="checkbox"/> EASTER EGG HUNT | <input type="checkbox"/> PREPARE FOOD |
| <input type="checkbox"/> HAYRIDE | <input type="checkbox"/> GIRLS NIGHT OUT | <input type="checkbox"/> PROGRESSIVE |
| <input type="checkbox"/> FUNDRAISING | <input type="checkbox"/> BOOK SALE | DINNER |